







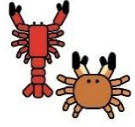

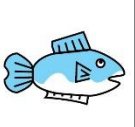
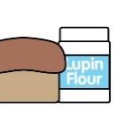








# DISHES AND THEIR ALLERGEN CONTENT – Gills Fish & Chips

c

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chips Butty		✓							S[i					
Chips		May contain												✓
Cod, Battered		✓		May contain	✓		May contain		May contain				✓	
Cod, no batter					✓									
Haddock, Battered		✓	✓	May contain	✓		May contain		May contain				✓	
Haddock, no batter			✓		✓									
Fish Bites, Battered		✓			✓								✓	
Fish Bites, no batter					✓									
Lemon Sole, Battered		✓		May contain	✓		May contain		May contain				✓	
Lemon Sole, no batter					✓									

## DISHES AND THEIR ALLERGEN CONTENT – Gills Fish & Chips

Breaded Fish/Haddock	✓		May Contain	✓		May Contain		May Contain					✓	
Oven baked Cod/Haddock				✓										

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Fish Cake		✓		May contain	✓		✓		May contain				✓	
Plaice, Battered		✓		May contain	✓		May contain		May contain				✓	
Plaice, no batter					✓									
Scampi		✓	✓		✓									
Jumbo Sausage, Battered		✓											✓	✓

Review  
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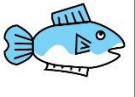

## DISHES AND THEIR ALLERGEN CONTENT – Gills Fish & Chips

Jumbo Sausage, no batter		✓											✓	✓
Smokey Sausage														
Mince & Onion Pie		✓		✓										
Steak Pie		✓		✓										
Chicken Breast Plain/ Battered		✓		May Contain			May Contain						May Contain	
Chicken Half Battered		✓		May Contain			May Contain						May Contain	

Review  
date:01/05/2024

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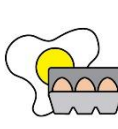
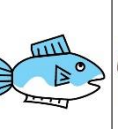
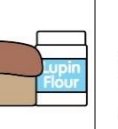

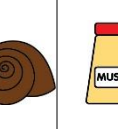
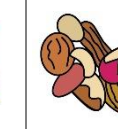


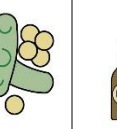

# DISHES AND THEIR ALLERGEN CONTENT – Gills Fish & Chips

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Spam Fritter		✓		May contain			May contain		May contain				✓	
Chop Suey Roll	✓	✓											✓	✓
Haggis	✓	✓		✓		✓	✓		✓	✓	✓		✓	✓
King Ribs	✓	✓							✓					
Pineapple Ring, Battered		✓		May contain			May contain		May contain				✓	
Corned Beef Savoury/Pattie							✓							
Cheese Savoury/Pattie							✓							
Southern Fried Chicken Goujons	✓	✓												
Kebab Meat		✓							✓				✓	

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# DISHES AND THEIR ALLERGEN CONTENT – Gills Fish & Chips




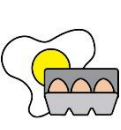
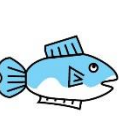









DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Chicken Wings		✓					✓		✓				✓	
Chicken Parma		✓					✓		✓				✓	
Shredded Salt & Chilli Chicken		✓					✓						✓	
Shredded Salt & Pepper Chicken		✓												
Chicken Fillet Bites		✓												
Chicken Wings		✓												
BBQ Chicken Wings		✓												

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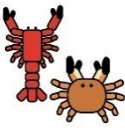
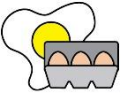
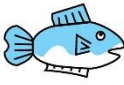
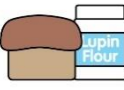






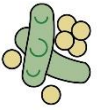

# DISHES AND THEIR ALLERGEN CONTENT – Gills Fish & Chips

Hot & Spicy Wings		✓											✓	

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Chicken Tikka Meat		✓					✓		✓				✓	
Kebab in a Bun		✓							✓				✓	
Pitta Bread		✓												
Flatbread		✓												
Naan Bread		✓												

## DISHES AND THEIR ALLERGEN CONTENT – Gills Fish & Chips

Wrap		✓												
Bread Roll		✓												
Burger Bun		✓										✓		
Spicy Potato Wedges		✓												

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Onion Rings, Battered		✓												

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## DISHES AND THEIR ALLERGEN CONTENT – Gills Fish & Chips

Chicken Nuggets	✓	✓											✓	
Mozzarella Dippers		✓					✓						✓	
Beef Burger	May contain	✓		May contain			May contain		May contain				✓	
Chicken Burger		✓											✓	
Veggie Burger	May contain	✓		✓			✓		May contain				May contain	
Bolognese Burger	May contain	✓		May contain			May contain		May contain				✓	
Chicken Goujons	✓	✓												
Cheesy Chips		✓					✓							





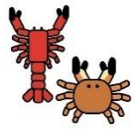
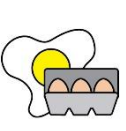
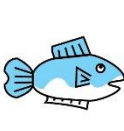


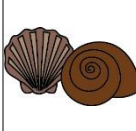


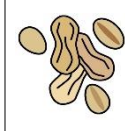



# DISHES AND THEIR ALLERGEN CONTENT – Gills Fish & Chips

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chilli Sauce	✓	May contain												
Tikka Chicken Thighs	✓												✓	
Cockles		✓	✓					✓						
Mussels		✓	✓					✓						
Cheese Slice, Burger							✓							
Garlic Butter & Parsley							✓							
Tartare Sauce Sachet				✓										
Tomato Sauce, Burger	✓								✓					
BBQ Sauce, Burger		✓											✓	
Curry Sauce	✓	✓							✓				✓	✓

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# DISHES AND THEIR ALLERGEN CONTENT – Gills Fish & Chips





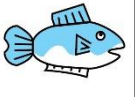
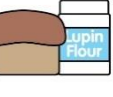




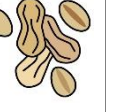



DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Mushy peas		May contain			✓									
Garlic Sauce		✓		✓			✓		✓					
Gravy	May contain	✓	May contain	May contain					May contain				✓	✓
Mayonnaise, for burger				✓					✓					
Tomato Ketchup, Bottle	✓													
Tomato Ketchup, Sachet	✓													
Mayonnaise, Sachet				✓					✓					
Malt Vinegar, Bottle		✓												

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# DISHES AND THEIR ALLERGEN CONTENT – Gills Fish & Chips





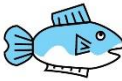
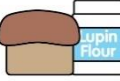








Vegetable Oil														
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DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Pizza Base		✓											✓	
Stuff Crust Base, pizza base, mozzarella pizza strings		✓					✓						✓	
Tomato Pizza Sauce, topping														
Mozzarella Cheese							✓							
Margarine							✓							

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# DISHES AND THEIR ALLERGEN CONTENT – Gills Fish & Chips


DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
<b>Margarita Pizza, tomato sauce, mozzarella cheese</b>		✓					✓						✓	

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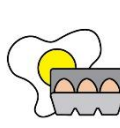
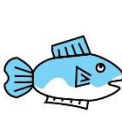
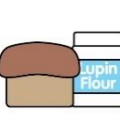






## DISHES AND THEIR ALLERGEN CONTENT – Gills Fish & Chips

<b>Veggie Pizza,</b> tomato sauce, mozzarella cheese, peppers, onions, mushrooms		✓					✓						✓	
<b>Chicken &amp; Sweetcorn Pizza,</b> tomato sauce, mozzarella cheese, chicken, sweetcorn		✓					✓						✓	
<b>Pepperoni Pizza,</b> tomato sauce, mozzarella cheese, pepperoni		✓					✓						✓	
<b>Tuna &amp; Sweetcorn Pizza,</b> tomato sauce, mozzarella cheese, tuna, sweetcorn		✓			✓		✓						✓	
<b>Ham &amp; Pineapple Pizza,</b> tomato sauce, mozzarella cheese, ham, pineapple		✓					✓						✓	

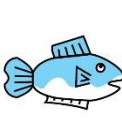
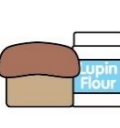
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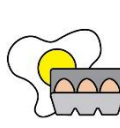
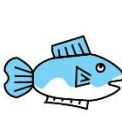







# DISHES AND THEIR ALLERGEN CONTENT – Gills Fish & Chips

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
<b>3 Meats Pizza,</b> tomato sauce, mozzarella cheese, salami, ham, pepperoni		✓					✓						✓	
<b>Bolognese Pizza,</b> tomato sauce, mozzarella cheese, bolognese sauce		✓					✓						✓	
<b>Kiev Pizza,</b> tomato sauce, mozzarella cheese, chicken, ham, mushrooms, garlic		✓					✓						✓	
<b>Calzone Pizza,</b> tomato sauce, mozzarella cheese, ham, onion, mushrooms, peppers		✓					✓						✓	
<b>Hot Veggie Pizza,</b> tomato sauce, mozzarella cheese, peppers, onions, mushrooms, sweetcorn, chilli, garlic		✓					✓						✓	

# DISHES AND THEIR ALLERGEN CONTENT – Gills Fish & Chips




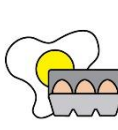
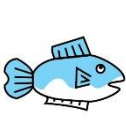


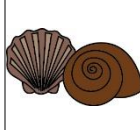


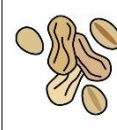



DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
<b>Hot &amp; Spicy Pizza,</b> tomato sauce, mozzarella cheese, ham, chilli, onion, peppers		✓					✓						✓	
<b>Chicken Tikka Pizza,</b> tomato sauce, mozzarella cheese, chicken tikka, peppers, onion		✓					✓		✓				✓	
<b>BBQ Pizza,</b> bbq sauce, mozzarella cheese, chicken		✓					✓						✓	
<b>Seafood Pizza,</b> tomato sauce, mozzarella cheese tuna, prawns		✓	✓		✓		✓						✓	
<b>Inferno Pizza,</b> tomato sauce, mozzarella cheese, salami, pepperoni, chilli sauce, peppers		✓					✓						✓	

# DISHES AND THEIR ALLERGEN CONTENT – Gills Fish & Chips




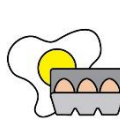
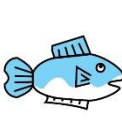
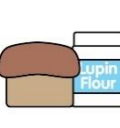








DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
<b>Hot Shot Pizza,</b> tomato sauce, mozzarella cheese, ham, onion, mushrooms, peppers, chilli, garlic		✓					✓						✓	
<b>Geordie Delight Pizza,</b> Tomato, chilli or garlic base, mozzarella cheese, kebab meat		✓					✓		✓				✓	
<b>Meat Delux Pizza,</b> Tomato sauce, mozzarella cheese, ham, salami, pepperoni, chicken, spicy beef, onion		✓					✓						✓	
<b>Gills Spicy Special Pizza,</b> tomato sauce, mozzarella cheese. ham, mushroom, onion, pepperoni, chilli, garlic		✓					✓						✓	



# DISHES AND THEIR ALLERGEN CONTENT – Gills Fish & Chips

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
<b>Flaming Donner Pizza,</b> tomato sauce, mozzarella cheese, donner meat, peppers, onion, chilli, jalapeno		✓					✓						✓	?
<b>Garlic Bread Special,</b> Tomato, kebab meat, chilli, garlic, mozzarella cheese, chips or salad		✓					✓		✓				✓	?
<b>Naan BAB Sharing Box,</b> Meat kebab, chips, salad, garlic naan bread, 2 sauces		✓					✓		✓				✓	?
<b>14" Sharing Box,</b> Any 10" pizza, kebab meat, chips, 2 small sauces		✓					✓		✓				✓	?




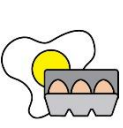


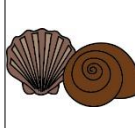

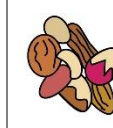
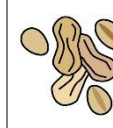
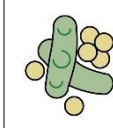
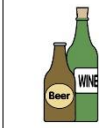
# DISHES AND THEIR ALLERGEN CONTENT – Gills Fish & Chips

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
<b>Burger Meal,</b> 1/4lb or 1/2lb beef burger, plain, with bun + salad or chips + sauce + drink		✓		May contain			May contain		May contain			✓ If using sesame	✓	
<b>Burger Meal,</b> 1/4lb or 1/2lb beef burger, with cheese & bun + salad or chips + sauce + drink		✓		May contain			✓		May contain			✓ If using sesame	✓	
<b>Burger Meal,</b> 1/4lb or 1/2lb chicken burger, with bun + salad or chips + sauce + drink		✓										✓ If using sesame	✓	
<b>Burger Meal,</b> 1/4lb or 1/2lb veggie burger, with bun + salad or chips + sauce + drink		✓		✓			✓		May contain			✓ If using sesame		
<b>Burger Meal,</b> 1/4lb or 1/2lb bolognese burger, with bun + salad or chips + sauce + drink		✓		May contain			May contain		May contain			✓ If using sesame		

Review  
date:01/05/2024

Reviewed by: SS Gill

# DISHES AND THEIR ALLERGEN CONTENT – Gills Fish & Chips

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Ben & Jerry's Ice Cream – Cookie Dough		✓		✓			✓							
Ben & Jerry's Ice Cream – Phish Food				✓			✓						✓	
Ben & Jerry's Ice Cream – Choc Fudge Brownie		✓		✓			✓							
Magnum – Classic							✓							
Magnum – White							✓							
Biscoff Cheesecake		✓					✓			May Contain	May Contain		✓	
Mars Brownies		✓		✓			✓			May Contain	May Contain		✓	
Millionaires Individual Cookie		✓		✓			✓			May Contain	May Contain		✓	

## DISHES AND THEIR ALLERGEN CONTENT – Gills Fish & Chips

Chocolate Orange Cheesecake		✓					✓			✓	May Contain		✓	
Rainbow Cake		✓		✓			May Contain			May Contain	May Contain		✓	
Fudge Yule Logs		✓		✓			✓			May Contain	May Contain		✓	
Festive Fudge Tarts		✓		✓			✓			May Contain	May Contain		✓	
Double Chocolate Cheesecake Bites		✓					✓			✓	May Contain		✓	
Winter Wonderland Oreo		✓		✓			✓			May Contain	May Contain		✓	
Caramel Smores Bars		✓		✓			✓			May Contain	May Contain		✓	

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